

| | Goldfinch | Woodpecker Yr1/2 | KS1 sports club | Kingfisher Yr3/4 | Ravens Yr5/6 | KS2 sports club Yr3/4/5/6 |
|-----------------|---|-------------------------|----------------------------|----------------------------------|-------------------------------------|------------------------------|
| Autumn 1 | Swimming Trim Trail | Invasion games (feet) | Multi-skills | Tag rugby | Swimming/Yoga | PS - Football |
| | Real PE - Unit 1 personal | Swimming/gymnastics | KS2 -playground games | Swimming/Netball | Swimming/netball | SW - Quicksticks Netball |
| Sports event | | | | | Quicksticks (Sep) Netball (Oct) | |
| Autumn 2 | Parachute Games | Gymnastics | Multi skills | Basketball | Gymnastics | PS - Dodgeball |
| | Real PE - Unit 2 social | Dance | KS2 - | Dance | football | SW - Netball |
| Sports event | | | KS1 multi skills (Dec) | Dance festival (Dec) | Football (Nov) | |
| Spring 1 | Gymnastics | Invasion games (unihoc) | Cooperation/ team games | Football/futsal | Dance | PS - volleyball |
| | Real PE - Unit 3 Cognitive | Yoga/dance | KS2 -Dance | Gymnastics | Handball | SW - Football/Dance |
| Sports event | | | | X country (Jan) Futsal (Feb) | X country (Jan) | |
| Spring 2 | Invasion games (hand) | Invasion games (hand) | Tri golf | Tri golf | Orienteering/volleyball | PS - Tag rugby |
| | Real PE - Unit 4 - Creative/Mini me yoga | Striking and fielding | KS2 - | Quicksticks | Quicksticks | SW - badminton |
| Sports event | | | | | Tag Rugby (March) | |
| Summer 1 | Athletics | Athletics | Athletics | Cricket | Cricket | PS - tennis |
| | Swimming Real PE - unit 5 - Physical | Swimming/ | KS2 - tennis | Swimming/rounders | Swimming/tennis | SW - dance |
| Sports event | | | | Tri Golf (April) Tennis (May) | | |
| Summer 2 | Striking/fielding | Striking and fielding | Athletics | Athletics | Swimming/rounders | PS - tri-golf |
| | Swimming Real PE - Unit 6 Health/Fit | Swimming/ | KS2 - frisbee | Swimming/rounders | Athletics | SW - rounders/cricket |
| Sports event | | | | Cricket? Orienteering? | Cricket Orienteering Quadkids | |